

# Can challenging home design increase lifespan?

One Hamptons home, known as the Bioscleave (pictured), is being touted by its creators as being able to help its residents live longer by incorporating physically challenging design elements. The architectural team, Arakawa and Gins, say the uniquely designed home is based on 40 years of scientific and philosophical research and that the home has the power to strengthen an immune system.

The colorfully painted home is attention-getting, inside and out. It's built on the idea of using architecture and decor



to stimulate the daily life of residents, and true to that vision, it takes plenty of active attention to simply walk through

the structure's hallways. For example, residents have to navigate extremely uneven floors using vertical poles that they can hold onto for support; windows are varying heights and walls are unusually arranged in 52 bright, eye-popping colors.

"The architects believed that the constant awareness of how one is using their body and senses can allow the body to constantly reconfigure itself and eventually strengthen the immune system," TopTenRealEstateDeals.com reports. "Ideally, these physical and sensory challeng-

es and improved immunity would eliminate much of the deterioration of old age as we know it."

An extension was built onto the original 1964 A-frame home in East Hampton on Long Island, New York. The Bioscleave addition to the home measures 2,700 square feet, and contains a kitchen, two bedrooms, a bathroom, sunken kitchen, and a raised dining area and work platform. The home is currently on the market at \$2.495 million.

Source: National Association of Realtors

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